



# day light SKY

The better way to brighten your day.

## NEW Day-Light Sky A bright solution for 48 million potential customers!

Up to 48 million North Americans suffer from Seasonal Affective Disorder or the milder Winter Blues. Bright Light Therapy is the **#1 Recommended Treatment!**

Clinical studies have also shown Bright Light Therapy to help with:

- Circadian Sleep Disorders
- PMS and Antepartum Blues
- Jet Lag and Shift Work Adjustment
- Non-seasonal Mood Disorders

### What is Bright Light Therapy?

Bright Light Therapy uses safe, intense doses of light to treat disorders that can occur due to light deficiency.

### What are the benefits?

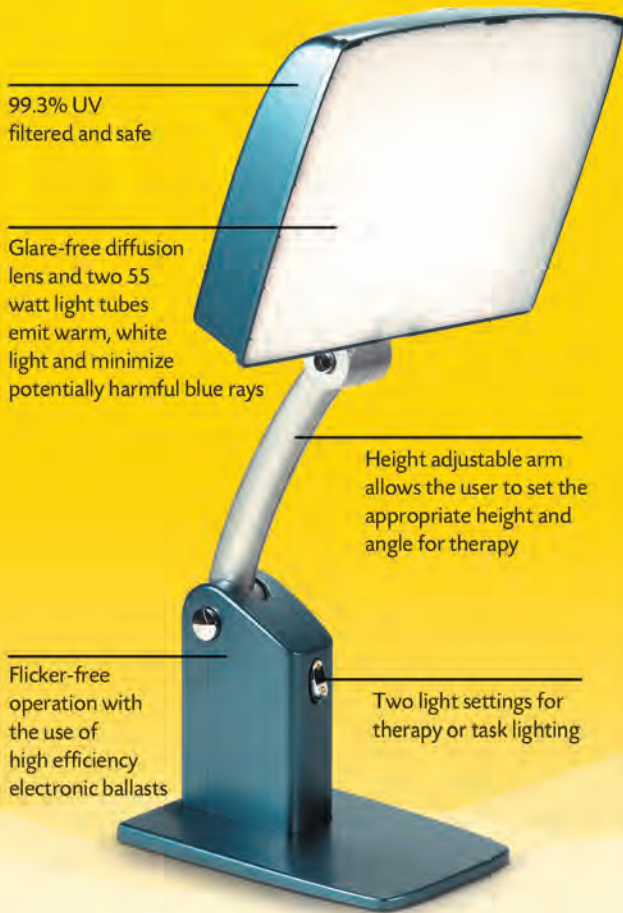
- Increased energy
- More positive moods
- Improved sleeping patterns

**CLINICALLY  
PROVEN  
TECHNOLOGY**

with **BrightZone™** technology  
Engineered and tested to provide the field of illumination and 10,000 LUX experts recommend for maximum therapeutic benefit.



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99.3% UV filtered and safe

Glare-free diffusion lens and two 55 watt light tubes emit warm, white light and minimize potentially harmful blue rays

Height adjustable arm allows the user to set the appropriate height and angle for therapy

Flicker-free operation with the use of high efficiency electronic ballasts

Two light settings for therapy or task lighting



Adjustable height for therapeutic use or everyday task lighting.



Designed for the home or office, the Day-Light is two lamps in one.

Manufactured for Uplift Technologies Inc.  
Dartmouth, Nova Scotia, Canada B3B 1K8



Bringing quality to life.

[www.day-lights.com](http://www.day-lights.com)



Treatment time only  
20 - 30 minutes each day.

## Why Day-Light Sky?

- Clinically proven technology
- Meets stringent Bright Light Therapy standards
- Small, discreet design for home or office
- Versatile - Bright Light Therapy System and a task lamp
- Dealer marketing support including brochures, retail displays and more

## Bright Light Therapy Standards

The Center for Environmental Therapeutics ([www.cet.org](http://www.cet.org)), a not-for-profit professional organization, has specified criteria for light box selection to ensure user safety and effective treatment. Day-Light Sky was designed to meet these standards.

### Bright Light Therapy Standards

### Day-Light Sky

- |  |   |
|--|---|
| • Design based on university clinical trials         | ✓ |
| • 10,000 LUX outdoor level at a comfortable distance | ✓ |
| • Emits balanced white light for eye safety          | ✓ |
| • Broad field of illumination for easy use           | ✓ |
| • 99.3% UV filtered protection                       | ✓ |
| • Glare-free diffuser for visual comfort             | ✓ |
| • Adjustable height for optimal positioning          | ✓ |
| • Projects light from above for best effect          | ✓ |

## SPECIFICATIONS

- UL and C-UL listed
- Enclosure Size: 13.69 in x 10.38 in x 2.75 in  
26.20 cm x 35.20 cm x 7.20 cm
- Height: Max: 27.25 in / 69.20 cm  
Mid: 26.25 in / 66.60 cm  
Min: 25.00 in / 63.50 cm
- Weight of Light: 8.20 lb / 3.70 kg
- UV Filter: 99.30%
- Two Settings: 10,000 LUX  
5,000 LUX
- Light Tubes: 2 X 55 watt compact fluorescent
- Color Temp: 4,000 Kelvin
- Warranty: Five-year limited

Day-Lights are innovative light supply systems and are not listed medical devices in the USA. If you suffer from a sleep or mood disorder (such as depression), if you are taking prescription medications, if you have eye problems or are otherwise under a physician's care for any reason, you should consult with your physician before exposure to any bright light source such as the Day-Light.